Supplemental Nutrition Assistance Program Education (SNAP-Ed) helps limited-resource families eat healthier on a budget and be more physically active to reduce the risk of obesity and chronic diseases.

**FLORIDA'S NEED**

- 6.7 million Floridians qualify for SNAP-Ed[^1] = 30.7% of the FL population[^2]
- 2.25 million experience food insecurity[^3] = 10.6% of the FL population[^3]
- 1 in 5 youths has obesity[^4]
- 1 in 4 adults has obesity[^5]

- 48% of high school students do not eat vegetables every day[^6]
- 38% of adults do not eat fruit every day[^7]

**OUR REACH**

- 18,698 classes taught
- 371,049 people reached through: nutrition education classes + policy, systems, and environmental (PSE) changes
- 1,340 partner sites in 40 counties

**Sources:**
1. US Census, ACS (DP05), 2021
2. US Census, ACS (C17002), 2021
3. Feeding America, Map the Meal Gap, 2020
4. State of Fla. Summary of School Health Services, 2020-21
5. Florida County Health Rankings and Roadmaps, 2022
6. Youth Risk Behavior Survey (YRBS), 2021
7. Behavioral Risk Factor Surveillance System (BRFSS), 2019
In 2022, FNP made an impact in each of these **40 counties** by influencing people’s shopping and eating behaviors, increasing food access, and improving the health of local communities. FNP offers online and in-person programming options.

After attending nutrition education classes, participants indicated improvement on:

- fruit or vegetable consumption
- healthful beverage consumption
- physical activity

**Policy, systems, and environmental (PSE) changes that help our communities:**

- 271,342 people reached overall with **394** policy, systems, and environmental changes
- 98,567 people reached through food recovery efforts, and pantry nudges at food distribution sites
- 130,231 students reached with healthy schools programming

- 32,257 youth and adults actively participated in **278** school, childcare center, or community gardens
- 839 partner staff trained (in-person and online) on promoting healthy behaviors and reducing food insecurity in their communities
- 1,119 children reached through **28** PSE changes at early childhood education centers

**Partner with us for a healthier Florida!**

¡Asóciese con nosotros para una Florida más saludable!

An nou travay ansanm pou nou gen yon Florid pi an sante!

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