



2022 FLORIDA SNAP-ED IMPACT

UF/IFAS Extension Family Nutrition Program (FNP)

Providing SNAP Education
in Florida since 1996

Supplemental Nutrition Assistance Program Education (SNAP-Ed) helps limited-resource families eat healthier on a budget and be more physically active to reduce the risk of obesity and chronic diseases.

FLORIDA'S NEED

6.7
million



Floridians qualify
for SNAP-Ed¹



30.7%

of the FL population²

2.25
million

experience food
insecurity³



10.6%

of the FL population³



1 in 5

youths has
obesity⁴



1 in 4

adults has
obesity⁵



48% of high school students **do not**
eat vegetables every day⁶



38% of adults **do not**
eat fruit every day⁷

OUR REACH

18,698

classes taught



371,049

people
reached
through:

nutrition
education
classes



policy, systems,
and environmental
(PSE) changes

1,340

partner
sites in



40
counties

UF | IFAS Extension
UNIVERSITY of FLORIDA

An Equal Opportunity Institution



Sources:

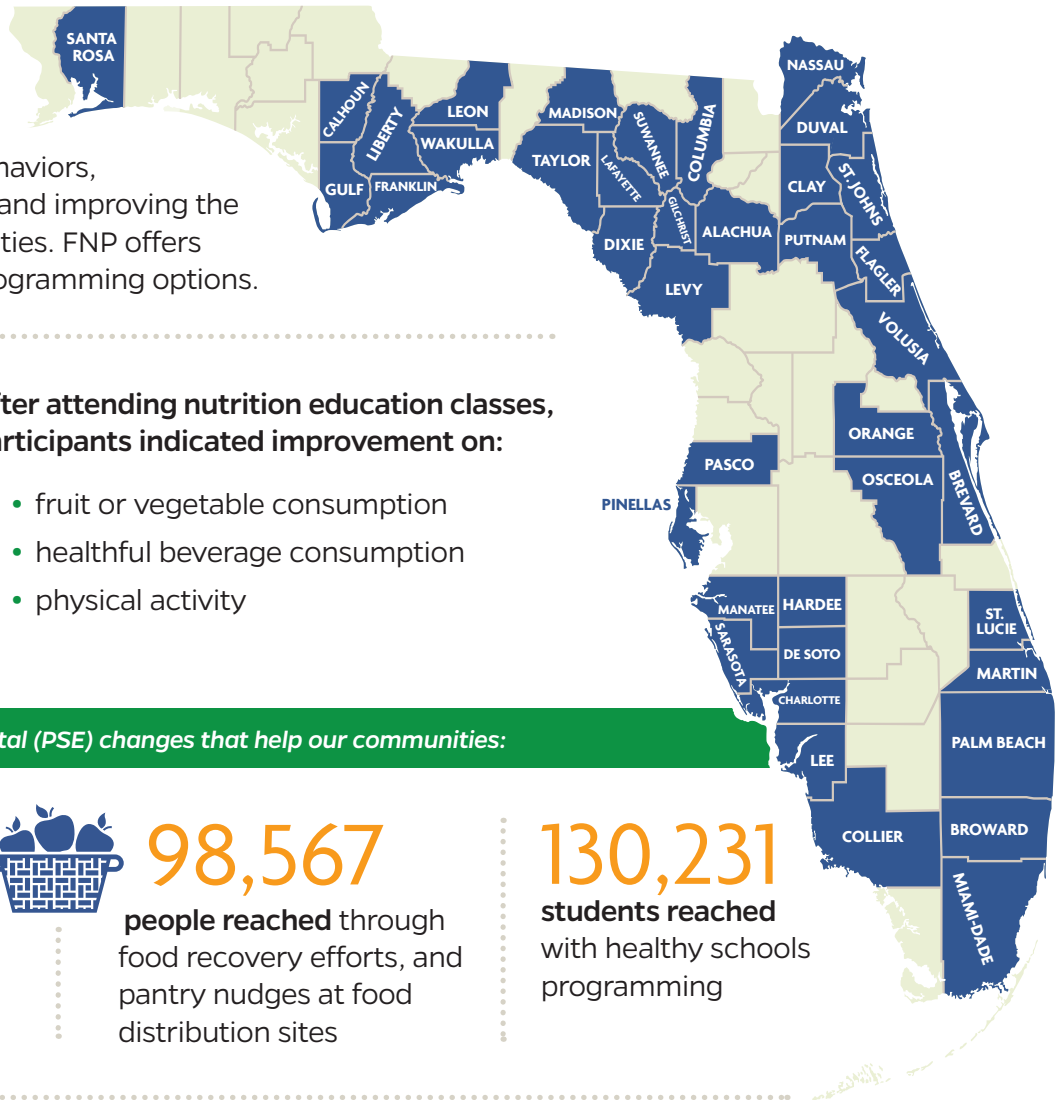
1. US Census, ACS (DP05), 2021
2. US Census, ACS (C17002), 2021
3. Feeding America, Map the Meal Gap, 2020
4. State of Fla. Summary of School Health Services, 2020-21
5. Florida County Health Rankings and Roadmaps, 2022
6. Youth Risk Behavior Survey (YRBS), 2021
7. Behavioral Risk Factor Surveillance System (BRFSS), 2019



familynutritionprogram.org

OUR IMPACT

In 2022, FNP made an impact in each of these **40 counties** by influencing people's shopping and eating behaviors, increasing food access, and improving the health of local communities. FNP offers online and in-person programming options.



After attending nutrition education classes, participants indicated improvement on:

- fruit or vegetable consumption
- healthful beverage consumption
- physical activity

Policy, systems, and environmental (PSE) changes that help our communities:

271,342

people reached overall with **394** policy, systems, and environmental changes



98,567

people reached through food recovery efforts, and pantry nudges at food distribution sites

130,231

students reached with healthy schools programming

32,257

youth and adults actively participated in **278** school, childcare center, or community gardens



839

partner staff trained (in-person and online) on promoting healthy behaviors and reducing food insecurity in their communities



1,119

children reached through **28** PSE changes at early childhood education centers



Partner with us for a healthier Florida!

iAsóciase con nosotros para una Florida más saludable!

An nou travay ansanm pou nou gen yon Florid pi an sante!

Karla P. Shelnutt, PhD, RD
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