Family Nutrition Program (FNP) is the federal SNAP-Ed program in Florida, the educational component of the Supplemental Nutrition Assistance Program (SNAP). Since 1996, FNP has provided FREE classes in nutrition education and obesity prevention to people who qualify for SNAP benefits. FNP also works with state and community partners to make positive changes in the policies, systems, and environments that affect community access to fresh, healthy foods and opportunities for physical activity.

Number of participants who received nutrition education:

30,801 ADULTS  88,900 YOUTH

BEHAVIOR CHANGE INCREASES:

For YOUTH and ADULTS who took part in series-based classes (6 weeks or more), significant increases were reported in these healthy habits:

- Eating fruits and vegetables
- Being physically active
- Comparing food prices
- Using nutrition labels

FNP helped procure 235,156 lbs. of Florida-grown produce for 407 schools.

202,816 Total SNAP-Ed PARTICIPANTS

51 COUNTIES

942 Community and State PARTNERS

Three hundred teachers and staff were trained on how to encourage healthier eating and physical activity habits at 88 child care centers.

Funding and Resources:

$10 Million provided by the United States Department of Agriculture (USDA) through the Florida Department of Children and Families (DCF)

More than 25,000 community volunteer hours

6,939 of UF/IFAS Extension faculty and staff volunteer hours

$430,000 in donated supplies and materials

To partner with FNP for a healthier Florida, contact us at: uffnp@ifas.ufl.edu