NEED

1 out of 6 families with children live in poverty.

- 65% do not meet physical activity recommendations
- 82% eat fewer than five fruits and veggies per day
- 64% are overweight or obese

Poor health disproportionately affects minority families.

- 89% EFNEP participants report belonging to an ethnic or racial minority group.

Low-income families have a higher risk for developing nutrition-related diseases.

- 97% EFNEP participants report earning an income that fell below the federal poverty level.

IMPACT

Food-related behavior changes

- 4,257 adults and 5,634 youth graduated from the EFNEP educational series and as a result:

  - 93% improved nutrition practices
  - 89% increased food resource management practices
  - 85% increased their physical activity levels
  - 58% improved their food security
  - 75% improved food safety practices

Financial savings among EFNEP participants

- $2,024,217 invested by EFNEP

This led to...

- $21.5 million savings on future healthcare costs
- $253,000 savings on total food costs


http://www.floridacharts.com
https://aspe.hhs.gov/poverty-guidelines

2017 HIGHLIGHTS | 5