



# UF/IFAS Extension Family Nutrition Program

## 2016 SNAP-ED IMPACT

**Family Nutrition Program (FNP)** is the federal SNAP-Ed program in Florida, the educational component of the Supplemental Nutrition Assistance Program (SNAP).

Since 1996, FNP has provided **FREE classes in nutrition education and obesity prevention** to people who qualify for SNAP benefits. FNP also works with state and community partners to make positive changes in the **policies, systems, and environments** that affect community access to fresh, healthy foods and opportunities for physical activity.



### NUTRITION EDUCATION

Number of participants who received nutrition education:



### BEHAVIOR CHANGE INCREASES:

For **YOUTH** and **ADULTS** who took part in series-based classes (6 weeks or more), significant increases were reported in these healthy habits:



### POLICY, SYSTEMS, AND ENVIRONMENTAL (PSE) APPROACHES

Number of participants reached through PSEs: **83,115**

FNP helped procure **235,156 lbs.** of **Florida-grown produce** for **407** schools



### SCHOOL GARDENS

**111**

### COMMUNITY GARDENS

**42**

**Three hundred teachers and staff** were trained on how to encourage healthier eating and physical activity habits at **88 child care centers**

### FUNDING AND RESOURCES



**\$10** Million provided by the United States Department of Agriculture (USDA) through the Florida Department of Children and Families (DCF)

More than **25,000** community volunteer hours

**6,939** of UF/IFAS Extension faculty and staff volunteer hours

**\$430,000** in donated supplies and materials

[uffnp.org](http://uffnp.org)