Family Nutrition Program (FNP) is the federal SNAP-Ed program in Florida, the educational component of the Supplemental Nutrition Assistance Program (SNAP).

Since 1996, FNP has provided **FREE classes in nutrition education and obesity prevention** to people who qualify for SNAP benefits. FNP also works with state and community partners to make positive changes in the **policies, systems, and environments** that affect community access to fresh, healthy foods and opportunities for physical activity.

### NUTRITION EDUCATION

Number of participants who received nutrition education:

- **30,801 ADULTS**
- **88,900 YOUTH**

**BEHAVIOR CHANGE INCREASES:**

For **YOUTH** and **ADULTS** who took part in series-based classes (6 weeks or more), significant increases were reported in these healthy habits:

- Eating fruits and vegetables
- Being physically active
- Comparing food prices
- Using nutrition labels

### POLICY, SYSTEMS, AND ENVIRONMENTAL (PSE) APPROACHES

Number of participants reached through PSEs:

- **83,115**

Three hundred teachers and staff were trained on how to encourage healthier eating and physical activity habits at child care centers.

### SCHOOL GARDENS

- **111**

FNP helped procure **235,156 lbs.** of Florida-grown produce for **407 schools**.

### COMMUNITY GARDENS

- **42**

More than **25,000 community volunteer hours**

- **6,939** of UF/IFAS Extension faculty and staff volunteer hours

- **$10 Million** provided by the United States Department of Agriculture (USDA) through the Florida Department of Children and Families (DCF)

- **$430,000** in donated supplies and materials

To partner with FNP for a healthier Florida, contact us at: uffnp@ifas.ufl.edu

The Supplemental Nutrition Assistance Program (SNAP) provides nutrition assistance to people with low income. It can help you buy nutritious foods for a better diet. To find out more, contact 1-866-762-2237. TTY/TTD/FRS dial 711. This material was funded by the USDA’s Supplemental Nutrition Assistance Program – SNAP. This institution is an equal opportunity provider.